KIDZ CREATIVE CONCEPTS I & II		Infant Only	Menu for February 2022	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified
	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.
	Veggie or Fruit or	Veggie or Fruit or	Veggie or Fruit or Combination	Veggie or Fruit or
	Combination	Combination	Lunch – Iron Fortified Formula,	Combination
	Lunch – Iron Fortified	Lunch – Iron Fortified	Protein & 0-2 oz. Veggie or	Lunch – Iron Fortified
	Formula, Protein & 0-2 oz.	Formula, Protein & 0-2 oz.	Fruit or Combination	Formula, Protein & 0-2 oz.
	Veggie or Fruit or	Veggie or Fruit or	PM Snack – Iron Fortified	Veggie or Fruit or
	Combination	Combination	Formula, Cereal, 0-2 Crackers	Combination
	PM Snack – Iron Fortified	PM Snack – Iron Fortified	or ½ Sl. Bread & 0-2 tbsp.	PM Snack – Iron Fortified
	Formula, Cereal, 0-2	Formula, Cereal, 0-2 Crackers	Veggie or Fruit or Combination	Formula, Cereal, 0-2 Crackers
	Crackers or ½ Sl. Bread &	or ½ Sl. Bread & 0-2 tbsp.		or ½ Sl. Bread & 0-2 tbsp.
	0-2 tbsp. Veggie or Fruit	Veggie or Fruit or		Veggie or Fruit or
	or Combination	Combination		Combination
7	8	9	10	11
Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified
Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.
Veggie or Fruit or Combination	Veggie or Fruit or	Veggie or Fruit or	Veggie or Fruit or Combination	Veggie or Fruit or
Lunch – Iron Fortified Formula,	Combination	Combination	Lunch – Iron Fortified Formula,	Combination
Protein & 0-2 oz. Veggie or	Lunch – Iron Fortified	Lunch – Iron Fortified	Protein & 0-2 oz. Veggie or	Lunch – Iron Fortified
Fruit or Combination	Formula, Protein & 0-2 oz.	Formula, Protein & 0-2 oz.	Fruit or Combination	Formula, Protein & 0-2 oz.
PM Snack – Iron Fortified	Veggie or Fruit or	Veggie or Fruit or	PM Snack – Iron Fortified	Veggie or Fruit or
Formula, Cereal, 0-2 Crackers	Combination	Combination	Formula, Cereal, 0-2 Crackers or	Combination
or ½ Sl. Bread & 0-2 tbsp.	PM Snack – Iron Fortified	PM Snack – Iron Fortified	1/2 Sl. Bread & 0-2 tbsp. Veggie	PM Snack – Iron Fortified
Veggie or Fruit or Combination	Formula, Cereal, 0-2	Formula, Cereal, 0-2 Crackers	or Fruit or Combination	Formula, Cereal, 0-2
	Crackers or ½ Sl. Bread &	or ½ Sl. Bread & 0-2 tbsp.		Crackers or ½ Sl. Bread &
	0-2 tbsp. Veggie or Fruit	Veggie or Fruit or		0-2 tbsp. Veggie or Fruit or
	or Combination	Combination		Combination

14	15	16	17	18
Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified
Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.
Veggie or Fruit or Combination	Veggie or Fruit or	Veggie or Fruit or	Veggie or Fruit or Combination	Veggie or Fruit or
Lunch – Iron Fortified Formula,	Combination	Combination	Lunch – Iron Fortified Formula,	Combination
Protein & 0-2 oz. Veggie or	Lunch – Iron Fortified	Lunch – Iron Fortified	Protein & 0-2 oz. Veggie or	Lunch – Iron Fortified
Fruit or Combination	Formula, Protein & 0-2 oz.	Formula, Protein & 0-2 oz.	Fruit or Combination	Formula, Protein & 0-2 oz.
PM Snack – Iron Fortified	Veggie or Fruit or	Veggie or Fruit or	PM Snack – Iron Fortified	Veggie or Fruit or
Formula, Cereal, 0-2 Crackers	Combination	Combination	Formula, Cereal, 0-2 Crackers	Combination
or ½ Sl. Bread & 0-2 tbsp.	PM Snack – Iron Fortified	PM Snack – Iron	or ½ Sl. Bread & 0-2 tbsp.	PM Snack – Iron Fortified
Veggie or Fruit or Combination	Formula, Cereal, 0-2	Fortified Formula,	Veggie or Fruit or	Formula, Cereal, 0-2
	Crackers or ½ SI. Bread &	Cereal, 0-2 Crackers or ½	Combination	Crackers or ½ Sl. Bread & 0-
	0-2 tbsp. Veggie or Fruit	Sl. Bread & 0-2 tbsp.		2 tbsp. Veggie or Fruit or
	or Combination	Veggie or Fruit or		Combination
		Combination		
21	22	23	24	25
**	Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified	Breakfast – Iron Fortified
	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.	Formula, Cereal & 0-2 ozs.
НАРРУ	Veggie or Fruit or	Veggie or Fruit or	Veggie or Fruit or Combination	Veggie or Fruit or
PRESIDENT'S — DAY!—	Combination	Combination	Lunch – Iron Fortified Formula,	Combination
	Lunch – Iron Fortified	Lunch – Iron Fortified	Protein & 0-2 oz. Veggie or	<b>Lunch</b> – Iron Fortified
	Formula, Protein & 0-2 oz.	Formula, Protein & 0-2 oz.	Fruit or Combination	Formula, Protein & 0-2 oz.
	Veggie or Fruit or	Veggie or Fruit or	PM Snack – Iron Fortified	Veggie or Fruit or
	Combination	Combination	Formula, Cereal, 0-2 Crackers	Combination
	PM Snack – Iron Fortified	PM Snack – Iron	or ½ Sl. Bread & 0-2 tbsp.	PM Snack – Iron Fortified
	Formula, Cereal, 0-2	Fortified Formula,	Veggie or Fruit or	Formula, Cereal, 0-2
	Crackers or ½ Sl. Bread &	Cereal, 0-2 Crackers or ½	Combination	Crackers or ½ Sl. Bread & 0-
	0-2 tbsp. Veggie or Fruit	Sl. Bread & 0-2 tbsp.		2 tbsp. Veggie or Fruit or
	or Combination	Veggie or Fruit or Combination		Combination

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Breakfast – Iron Fortified		
Formula, Cereal & 0-2 ozs.		
Veggie or Fruit or Combination		
Lunch – Iron Fortified Formula,		
Protein & 0-2 oz. Veggie or		
Fruit or Combination		
PM Snack – Iron Fortified		
Formula, Cereal, 0-2 Crackers		
or ½ Sl. Bread & 0-2 tbsp.		
Veggie or Fruit or Combination		

Birth Through 5 Months Infants are on Breast Milk or iron-fortified Iron Fortified Formula only unless the Parent via the Doctor has indicated the infant is developmentally ready for food.